Yiddish, Klezmer, Ashkenazic or 'shtetl' dances

Ashkenazic Jews have played and danced to klezmer since the 16th century, primarily during the period of a traditional wedding. But at no period did they perform exclusively dances that were peculiar to their communities. Much of the dance repertoire, which might combine line and couple formations, was of a cosmopolitan nature, plus elements from their immediate Gentile neighbors. Nevertheless the Jews practiced a corporeal expressive language that was highly differentiated from that of the non-Jewish peoples of their neighborhood, mainly through motions of the hands and arms, with more intricate legwork by the younger men. Many of the Ashkenazic dance gestures were ultimately speech-related and there seems little doubt that ethical issues came also into play.
An essential part of the wedding feast was the ritual, in which honored guests, the fathers-in-law, elder relatives, rabbi, etc. danced to slow elaborate tunes. The two mothers-in-law mimed their mutually feelings in the brougezeants ("dance of anger") and in the sholem tants.

Dancing Jews by Zofia Stryjenska (1929)

Jewish dancers by Mysrael
("dance of peace").

In many 'misnagdic' (non-Hasidic) communities, the freylekhs, the sher, the Polish Patsh Tants, etc. might be danced by mixed couples. In the more observant ones, Jewish male dancers used to dance separated from women.

Since the Renaissance, the European aristocracies and peasantry more and more favored couple dance (in which the partners of opposite sexes held one another by the hand or waist) and contra dances (with changing of partners). As minimum requirement of ethical decorum, the Jews introduced the use of a 'tikhele' (handkerchief) as a mean of separating the sexes where they did dance together (Zev Feldman).

The solo dance category had both a folkloric as well as a professional aspect. Good male dancers often preferred to dance as soloists -indeed they might pay the klezmorim just for this privilege- but this might also be performed by a professional dancer attached to the kapelye (klezmer band), or by a dancing badkhn (master of ceremony).
Solo dancing might also have a comical or even a grotesque, parodic aspect, depending on the character of the dancer and the mood of the occasion.

One type of solo display dance involved balancing a bottle on the dancer’s head (flash tants).

Or a dancer might also dance bare-foot on a mirror to display his agility!

Since the first quarter of the 19th century, Hasidim ritualized and sacralized many aspects of Jewish life that had previously been subject to secular fashions, including in the realm of dance. They adopted older traditional Ashkenazic wedding dances and strengthened patriarchal and mystical elements at the expense of the erotic and ludic elements that were common among non-Hasidic communities. They also blended the older communal functions with ecstatic religious devotion, emphasizing movements of the arms and hands as well as the legs (Zev Feldman).
The choreographic system that emerged seems to have been fairly stable over most of the area of Jewish settlement in Eastern Europe from earlier to mid-19th century only until the end of the 20th century. By then modernization and Enlightenment, and in some places (parts of Hungary, Moldavia and Wallachia) cultural assimilation, weakened the practice of the system. The First World War and the Russian Revolution marked the end of this choreographic system as the dominant one. After the Holocaust traditional Ashkenazic dance was still practiced among some Yiddish-speaking communities in the former Soviet Union and among members of the *landsmanshaft* culture in the United States, especially in New York and Philadelphia.

The **sher** was the center of general Ashkenazic dancing. The name received various folk etymologies. The sher emphasizes the typical Ashkenazic body
posture and hand gestures and furnishes an opportunity for the women to employ shoulders and arms to create a subtly flirtatious mood.

The participants number four mixed couples (in more pious communities four female couples). An initial circle formation breaks into a couples promenade, after which the first male dancer invites his partner to circle with him in the center. This process is repeated by all the dancers in turn, and each dancer also has a turn at a brief solo dance in the center. At the close of each cycle the circle formation is repeated. The music of the sher is usually of the same character as freylekhs, except that many tunes in succession must be used for the length of the dance (Zev Feldman). The sher was universally regarded as a "Jewish" dance both by the Jews and the Gentile. It was diffused from the Baltic to the Black Seas and borrowed by Moldavians and Ukrainians. In America it was preserved both among the landsmanshaften (communities from one shtetl) and among the leftists (who appreciated it secular nature) into the 1960s and beyond.

The khosidl was created by the Hasidim as a semi-sacred solo dance on a zemerl (melody with religious inspiration). It usually begins at a moderate tempo, but quickens little by little until reaching an ecstatic religious enthusiasm.
The mimetic aspect of Jewish dance was most pronounced in the **broygez tants** ("dance of anger"), a wedding dance in which the mothers-in-law expressed their mistrustful relationship. Generally one woman acts offended while the other attempts to mollify her. The scene ends with a **sholem tants** in which they become reconciled. The broygez tants can also be danced by a man and a woman outside of the wedding context.

The **hora** is a slow, circle dance in a triple meter. It was common to the Jews and the **goyim** in Romania (Moldavia, Bessarabia, Bukovina) and in some regions of Ukraine. The steps are slow and bearlike, allowing young and old people to dance it together.

The **freylekh** is the most common, basic and widespread East-European line or circle dance, often practiced at weddings, **Bar-Mitzves** and other 'simkhes'. It's characterized by a shuffling walk and a two-step, alternately stepping and stomping. The leader can promote some spectacular or funny figures, like the 'Grand March', 'Threading the needle', or start a improvised part.

The **bulgar**, also a brisk circle or line dance, appeared among Romanian and south Ukrainian Jews at the end of the 19\(^{th}\) century and was exported to the USA where it beacame extremely popular.
The **terkisher**, a line Hassidic dance on a typical 'terkish' (similar to tango or syrtos) rhythm, was widespread in the New World, more than in Eastern Europe.

The **sirba** is a Romanian dance 'à la serbe', a couple or line dance on a rather up tempo.

The **patsh tants** is a Polish contra danse in circle. The music is very specific, as it requires, at times, to clap the hands ('**patsh mit di handelekh**') or to stomp ('**tupen mit di fiselekh**').

**A few remarks about the gesture in yiddish dances:**

At the beginning of a dance set, the tempo is usually slow and the movements quiet. They become gradually brisker and more animated. But the women's movements keep always less exuberant than the men!

"**Sheynen**" (shine) on a sher or on a freylekh is the way for a **proster yid** (poor or humble Jew) to show his pride: he stalks proudly with thumbs under his braces or in his belt, or a hand behind one ear, etc.

Yiddish dances contain rather few erotic expression! At the very most, a woman can put his feet forward
and balance his shoulders on the same side, but you'll never see rapid hip movements as in Arabic dances!

Arms movements delimit a private space where other dancers can be invited or excluded. Many other feelings can be expressed by arms and head movements: anger, contempt, disregard, inquiry, reconciliation, forgiveness, attachment, supplication, etc.

After the teaching and several texts form Zev Feldman and Michael Alpert.

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Please check also the pages of two famous yiddish dance teachers:
Leon Blank: www.klezmer.se
and Steve Weintraub:
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Back to the GENEVA KELZMER PAGE